



Fraternal face

By **John (Explorers Club)**

We mixed up
two face puzzles.

I am
on the right
and my
brother **James**
(Adventure Club)
is on the left.
It looks crazy.

Buddy **Ollie** visits

By **Isabella (Discovery Club)**

My Nana's dog Ollie is friendly and cute. He likes salmon treats. He visited the centre on pet week. My cat Zola is friends with Ollie. They drink and eat out of the same bowl and they sleep back-to-back on the bed.





Stair strength

By Yahli (Discovery Club)

I do gymnastics every day.

I like to exercise to get my muscles working.

I got a workout at Memorial South Park.

It was fun pretending going up stairs.

I tried all of the equipment.

I felt stronger.

A young boy with short dark hair is captured mid-jump out of a swimming pool. He has his arms raised high in the air, palms facing forward, and a wide, joyful smile on his face. He is wearing bright blue and green swimming goggles and a white t-shirt with colorful splatters and a graphic design. The t-shirt has some text that is partially obscured but appears to say "the ten... fin centre". A gold wristband is visible on his left wrist. The background shows a clear blue sky and lush green trees. The water around him is splashing vigorously, creating a large spray of white water droplets.

Jumping joy

By **David (Adventure Club)**

I love doing cannonballs.
I love rocketing out of the water.
There's more splash
jumping in with a cannonball
than jumping out
like a rocket.



Watermelon **woe**

By **Karma (Adventure Club)**

My watermelon floatie was fun,
But it popped. It went flat. No more
watermelon floatie. Goodbye.



B.C. Sports Hall of Fame athlete **shows how to throw**

Jason Delesalle showed us how to throw a javelin, shot put and discus. He competed in pentathlon at world championships and three Paralympics. He won gold, silver and bronze medals. He is in the B.C. Sports Hall of Fame.

Dear Jason,

Thank you for taking time out of your day to come and tell us about The Paralympics and the javelin and the other things you did. I really enjoyed watching you do the thing you do in the Paralympics. My dad also did those things with his brother and he made it to the B.C. high school championships.

From, Sophia

Letter from **Zach (Adventure Club)** to a Vancouver senior citizen who lives alone. The Vancouver Public Library collected letters for seniors.

Hello, I had fun swimming this summer did you enjoy that when you were young?

We got a special treat on July 13th 2022 it was ice cream. What's your favourite? I went away on vacation to a mountain where my dad and his friend were building a house. We had fun playing with the dog on vacation.

I have a cat named Max. Did you have a pet? I enjoyed going outside and eating ice cream the summer.

What do you like doing? My favourite food is sushi. What's yours?

from Zach made on July 14th 2022

nothing here

nothing here

me

you



Letter from **Kaija (Adventure Club)** to children at the I AM Family orphanage in Kampala, Uganda. Some staff stayed at the orphanage in 2007 and 2009.

Date Wed, 20, 2009

Hi! My name is Kaija.
I am nine years old. My
favorite thing to do in the
Summer is Swimming and
Playing in Vancouver. I really
liked your dancing and Singing
Performance Video It was
amazing. did you know
that I do dancing and
Singing too :). I hope I
come to africa to see you
one day I hope we will
~~be~~ be friends I
hope that you are
doing well at home. are
you having fun at school?
well have a good rest
of your day bye !!

Letter from **Ryle (Explorers Club)** to the Kerrisdale Oakridge Marpole community police who visited our centre.

THANK YOU FOR TEACHING
ME PIKESGLEY.

Ryle



Walking the dog

A stroll at 8370 Cartier Street in August 2022 revealed:

The Kerrisdale Oakridge Marpole community police taught traffic school and talked about bicycle safety. They gave everyone a bicycle bell. Ring bling.

Iron Chefs baked cookies and then went fundraising on Granville Street. \$306 was sent to the Canadian Red Cross for Ukrainian refugees. Chef charity.

Photo: How do you tell the difference between **Discovery Club** twin brothers **Duncan** and **Winston**? One is wet. The other is about to get wetter.

