

# Welcome to Explorers Club

Information to share with your child

## **a-b-c-d-e-f-g-h-i-j-k-l-m-n-o-p-q-r-s-t-u-v-?-x-y-z**

Did you guess "w"? Oh good. Now we can say "welcome" and answer your "w" questions:

**who** – Explorers are 4-to-6 year old children just like you

**what** – playing, learning, sharing, and caring

**where** – Explorers Portable and other inside and outside areas

**when** – after a sleep and before a dinner from Monday to Friday

**why** – with so much to do if you don't get started you'll never finish

Now for the rest of the alphabet because Explorers go from "a" to "z"

**A a** is for **area board**: it shows places to play at Spare Time

is for **art**: create it and take it home to stick on your fridge door

is for **attendance**: say "here" when your name is called

**B b** is for **baking**: learn about good food and how to mix and measure

is for **books**: listen to stories, look at pictures, learn to read

is for **build**: some things to stack and others to connect

**C c** is for **cars**: go "beep-beep" with four-on-the-floor

is for **clean up**: please put things back on the correct shelf

is for **cubbie room**: a place for your shoes, coat and backpack

**D d** is for **dress up**: wear stylish clothes and costumes

**E e** is for **English**: learn new words and practice language skills

**F f** is for **field trip**: the Explorers in our bus go "here" and "there"

is for **freeplay**: listen to the choices then off to play

**G g** is for **games**: surely you won't be bored by a board game

**H h** is for **hand**: put a puppet on your hand and put on a show

**I i** is for **imagination**: as Dr. Seuss wrote, "oh, the THINKS you can think!"

**J j** is for **jump**: reach for the ceiling in the gym, touch the sky outside

**K k** is for **kitchens**: a real kitchen is for staff to prepare breakfast, lunch, and snack; a pretend kitchen is for Explorers to play in but

do not put the pretend food, cutlery and dishes in your mouth

**L l** is for **line up**: stand in single file, face the front, be quiet, do not touch anyone, listen for instructions from the staff

**M m** is for **music**: sing, dance, play instruments

**N n** is for **name tag**: you have a name tag for your Area Board; put your name tag in the area where you are playing

**O o** is for **oops**: we all make mistakes and we all say "sorry"  
is for **owie**: tell a staff where it hurts

**P p** is for **puzzles**: place picture pieces perfectly – presto!

**Q q** is for **quiet time**: relax by yourself – choose a comfy spot with silent ideas or a good book

**R r** is for **respect**: be kind to people and be careful with things  
is for **rules**: learn what to do so you can play safely

**S s** is for **sharing**: invite others to join in, take turns, be patient if you have to wait  
is for **staff**: people you and your family can trust; staff are here to help you have fun; you should always play where there is a staff  
is for **stranger**: people you and your family do not know; do not talk to a stranger

**T t** is for **time away**: a chance to sit, get calm, sort out a problem

**U u** is for **understanding**: be sure you understand all the rules; if you don't understand something ask staff for help

**V v** is for **visit**: go to our Imagination Station Portable to dance

**W w** is for **walk**: walk inside and keep your feet on the ground – running and climbing are only done outside  
is for **words**: use "polite words like: "please, thank you, excuse me"; use "sharing" words like "may I play, it's your turn, may I use that when you are finished"; use "I'm happy" words like "yippee, I feel good"; use angry words like "I don't like that, stop it" instead of hitting somebody

**X x** is for **xoxox**: save your kisses (**x**) for your family

**Y y** is for **yucky**: playground mud puddles will make your clothes dirty – we only have a small collection of extra clothes so at certain times of the year it helps if you keep a change of clothes in your cubby  
is for **yummy**: good food and juice (both fruit and the "moo" kind) at snack

**Z z** is for zipper: do up your coat, pants and backpack